					Breakfasts Served 9:00 am	SATURDAY 1
Like a lunch? Call the Senior Center 307-348-7387 by 9am, morning of the meal. *Thank You!*						Pancakes Sausage Patty Juice
May 2021	**MONDAY 3** Cheeseburger Lettuce, tomato, onion French Fries Broccoli Pears Milk	**TUESDAY 4** Meatloaf O'Brien Potatoes Spinach Wheat Bread Purple Plums Milk	**WEDNESDAY 5** Chicken Fajita Tortilla Spanish Rice Squash Blend Watermelon Milk	**THURSDAY 6** Roast Beef Mash. Pot./Gravy Corn Wheat Roll Fruit Cocktail Milk	**FRIDAY 7** Taco Salad/chips Lettuce, Tomato, Cheese, Salsa Refried Beans Banana Dessert Milk	SATURDAY 8
Mother's Day	**MONDAY 10** Beef Wellington Oven Brown Potato Zucchini Wheat Bread Cherries Milk	**TUESDAY 11** Chicken Strips Pasta Salad Beets Wheat Roll Apricots Milk	**WEDNESDAY 12** BBQ Beef Sandwich Baked Beans Carrot/Raisin Salad Cinnamon Apples Milk	**THURSDAY 13** Pork Roast Rice Pilaf Brussels Sprouts Wheat Bread Orange Whip Milk	**FRIDAY 14** Baked Fish Wild Rice Blend Peas Wheat Bread Applesauce Milk	SATURDAY 15 Scrambled Eggs Hashbrowns Bacon Toast Juice
	MONDAY 17 Ham/Pasta Salad on Lettuce leaf Cauliflower Wheat Bread Mixed Fruit Milk	**TUESDAY 18** Spaghetti w/meat sauce Italian Vegetables Garlic Bread Peaches Milk	**WEDNESDAY 19** Oven Chicken Mash. Pot./gravy Broccoli Wheat Roll Fruit Cocktail Milk	**THURSDAY 20** Salisbury Steak Baked Potato Carrots Wheat Bread Purple Plums Milk	**FRIDAY 21** Chicken Fried Steak Mash. Pot./Gravy Mixed Vegetables Wheat Roll Straw. Shortcake Milk	SATURDAY 22 CHEF'S CHOICE
Recommended Serving Sizes 3 oz. meat ½ cup of vegetables ½ cup of fruit 2 servings of bread or complex carbohydrate 1 cup of 2% milk	**MONDAY 24** Crab Cakes Macaroni & cheese Broccoli Wheat Bread Peaches Milk	**TUESDAY 25** Chicken Parmesan Pasta Tossed Salad Wheat Roll Citrus Fruit Milk	**WEDNESDAY 26** Turkey/Noodles Green Beans Wheat Bread Mandarin Oranges Milk	**THURSDAY 27** Cheese Pizza w/meat/vegetables Tossed Salad Strawberries Ice Cream Milk	**FRIDAY 28** Sloppy Jo Tater Tots Mixed Vegetables Cherries Milk	SATURDAY 29 HAPPY BIRTHDAY WANDA!
	MONDAY 31 **Memorial Day** **Company Holiday**	**Upcoming Craft and Bingo** Flyer will be handed out. Keep a look out!			**ATTENTION SENIORS!** May 22nd Last Breakfast until September.	